

# Metro market SOUPS

Current Frozen Quart Selection: 14.00 (Ask us what's on hand today!)

Asparagus-Potato-Leek with herbes de provence

Beet-Vegetable Borscht

Butternut Squash-Potato-Leek

Caramelized Onion & Gold Potato

Curried Carrot-Apple

Fresh Ginger Carrot

Indonesian Coconut Almond with greens & squash

Italian White Bean with lemon & rosemary

Lebanese Chickpea Vegetable

Lemon-Curried Cauliflower

Lentil with Fresh Tarragon

Red Lentil Dal with garam masala

Southwest Tomato-Squash with chili

Spicy Brazilian Black Bean with orange & jalapeño

Tomatillo-Corn Chowder

Tomato-Polenta with White Corn

West African Yam Peanut

Yellow Split Pea with fresh marjoram

